

Complete software solution for
clubs, coaches and athletes.



www.sidelinesports.com



Everything in one place.

XPS Network is the one-stop-shop for clubs, organisations and sports academies



Planning



Monitoring



Analysis



Tactics



Communication



Evaluations

Team Sports



Individual Sports



Esports



Sports Associations



Flexibility is our strength.



Coaching Education



S&C and
Performance
Coaches



Sports
Academies
& Schools



Personal Coaches

Calendar



Collections



Planning

Build and plan team and individual programmes and sessions with ease.



Session Planner



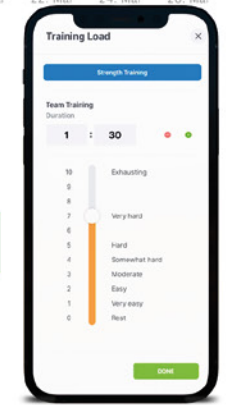
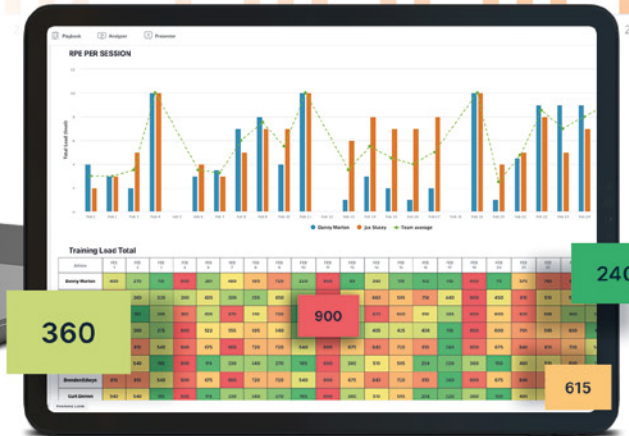
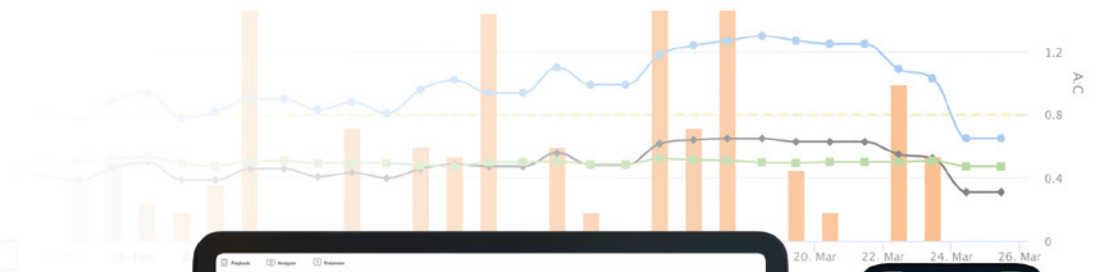


Tactics

Recreate training and game situations through diagrams and animations in Playbook.

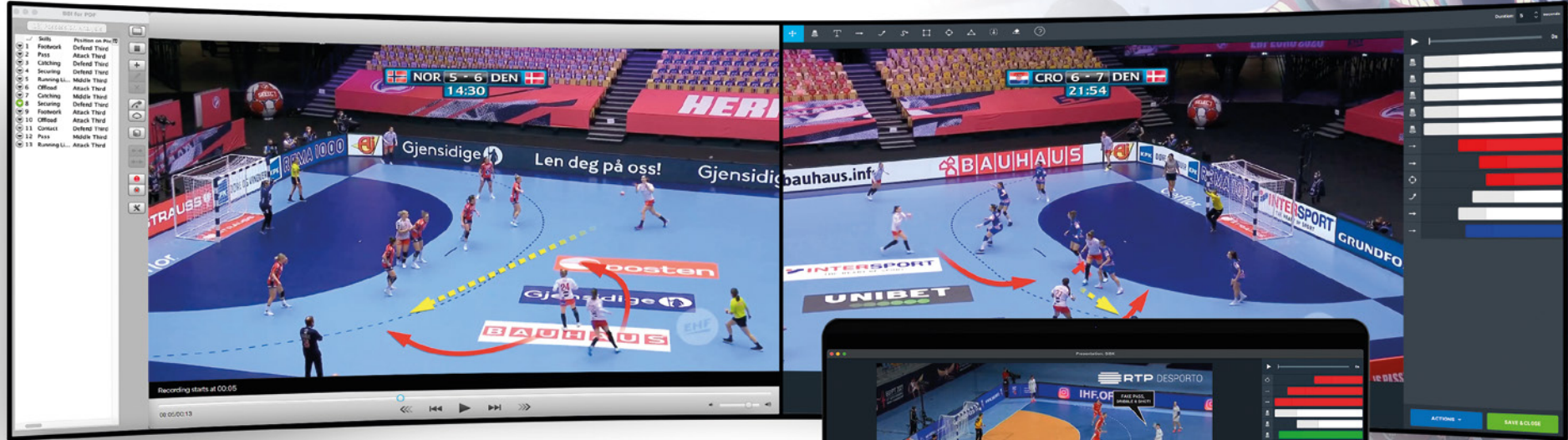
Monitoring

Monitor readiness, wellness and training load.
Make data-driven coaching decisions.



240

615



Analysis

Analyze your performance in training and matches. Generate high levels of accountability and feedback.





Messages 1

XPS NETWORK now
Message
From Nick Murphy
Will do, coach!

Hi, check out the Saturday game analysis before today's training. Coach

DRILL
Game Analysis

Hi guys! Today's meeting is postponed to 7pm!

Will do, coach!

You can find the July pre-season plan in your agenda!

DRILL
Nutrition of a top athlete

| | | |
|----|---|-------------|
| BK | Bobby Kersey | Mar 3, 2021 |
| | Ok | |
| MF | Marty Ford | Mar 3, 2021 |
| | So tomorrow! | |
| | Denton Bryan | Mar 3, 2021 |
| | Game 7 Analysis | |
| DJ | Don Jeffers | Mar 3, 2021 |
| | You: Nice! | |
| JM | Jim Cooke | Mar 3, 2021 |
| | Your readiness forms are set for 7:30am each morning! | |

Hi kids, let me know if you can make it to Sunday's game in the match attendance.

OK! Thanks.

Type your message...

Hey! 📅 ⚽

...y's game
... agendal

Communication

Keep all communication with coaches and athletes in one place.

Collections

Create your lifetime of coaching observation.

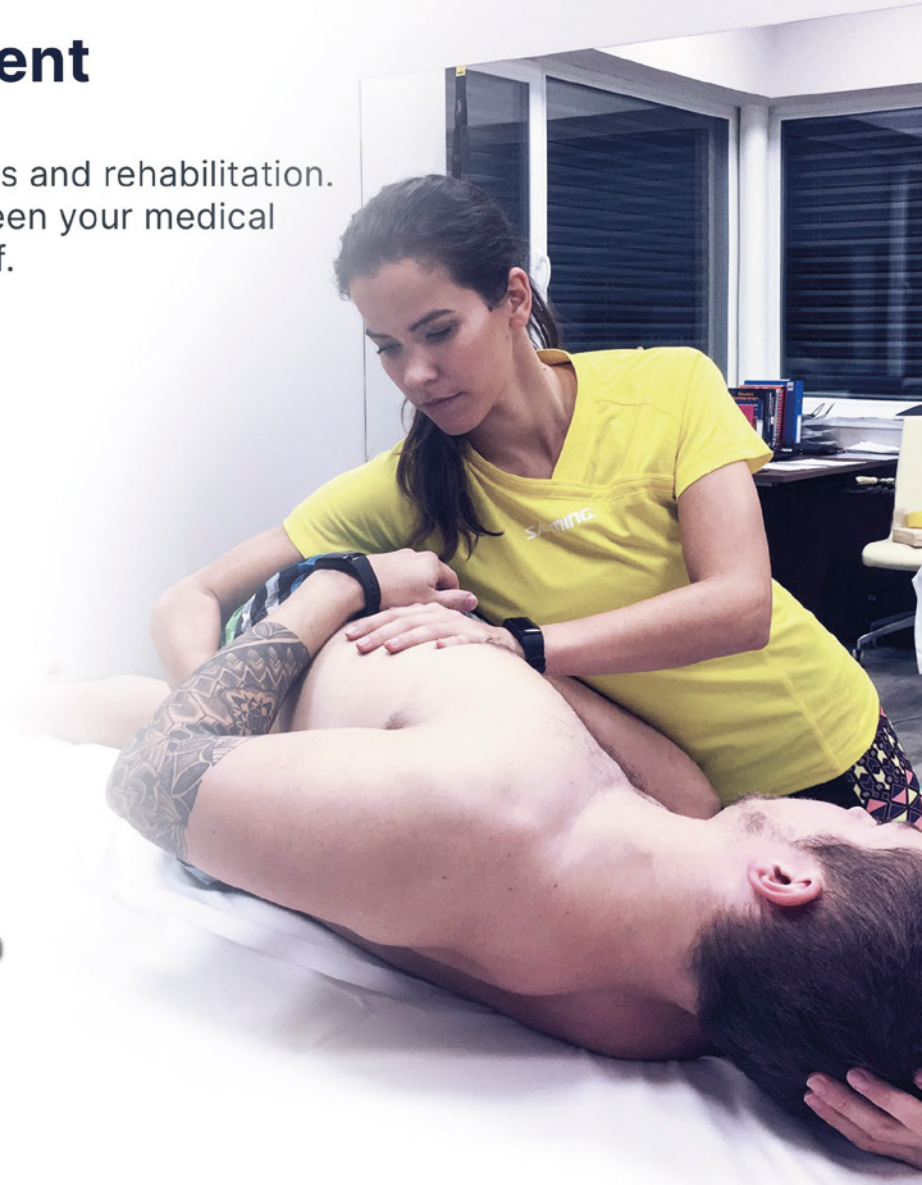
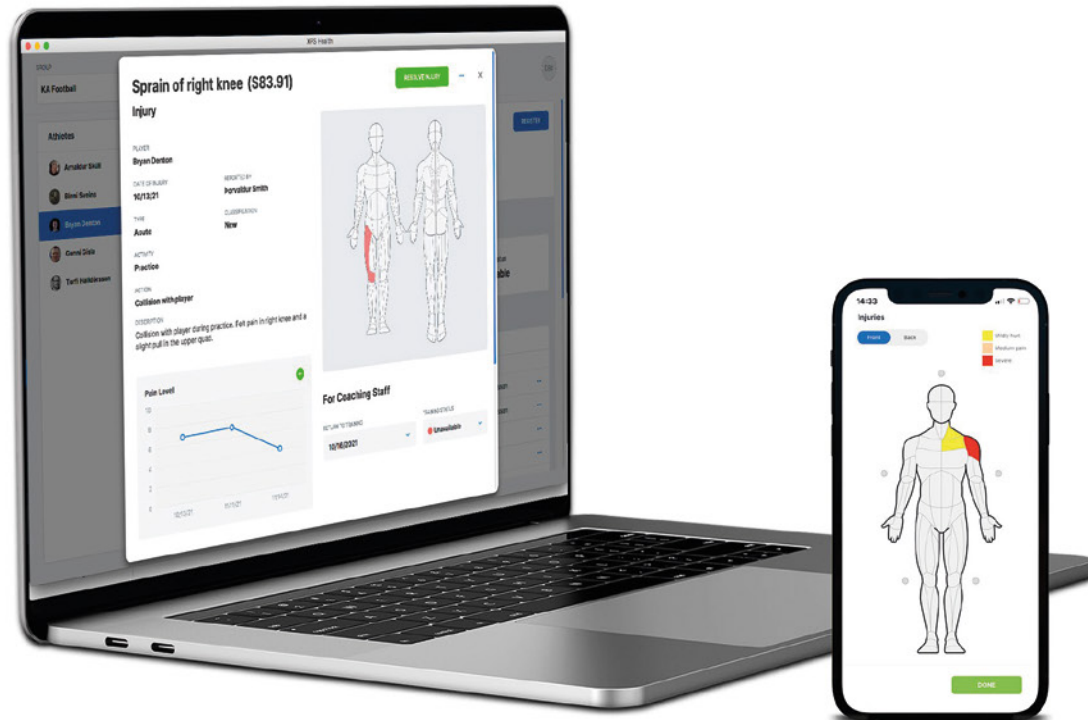
The screenshot displays the XPS Network software interface. The left sidebar shows a navigation menu with options like 'My OPS', 'Teams', 'Messages', 'Calendar', 'Athlete Profile', 'Evaluations', 'Team Statistics', 'User Management', 'Collections', and 'Session Templates'. The main content area is titled '5x5_Atuar perante o erro' and includes a 'Regras do Exercício' section with instructions in Portuguese. Below the text are three tactical diagrams of a handball court, each with player positions and movement arrows. The diagrams are labeled 'Evolução 1', 'Evolução 2', and 'Evolução 3'.

This screenshot shows a specific exercise titled '1v1 w/ Defensive Zone'. It includes a 'Purpose' section: 'Learn 1v1 situation. Learn to force defender to move by moving to one side and then back to another. Quick change of direction and speed.' The 'Procedure' section describes the drill: 'As the shot happens, meet player in line passes to front person of off-line line (over without ball) who shoots. Defender moves continuously working on the movement of Middle Back defender and attempts to block shots, with co-operation of goalkeeper.' A video player shows a handball player in a red jersey performing the drill. Below the video is a tactical diagram of the court showing the 1v1 situation.

This screenshot displays another exercise titled '6x6 seguido de c.a. direto (bola 1) e de ataque rápido'. It includes a 'Regras do Exercício/Jogo' section with instructions in Portuguese. Below the text are two tactical diagrams of a handball court, one labeled 'Ataque' and the other 'Defesa', showing player positions and movement arrows. The diagrams illustrate the sequence of play described in the text.

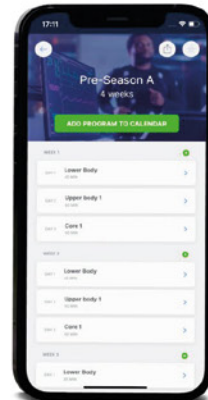
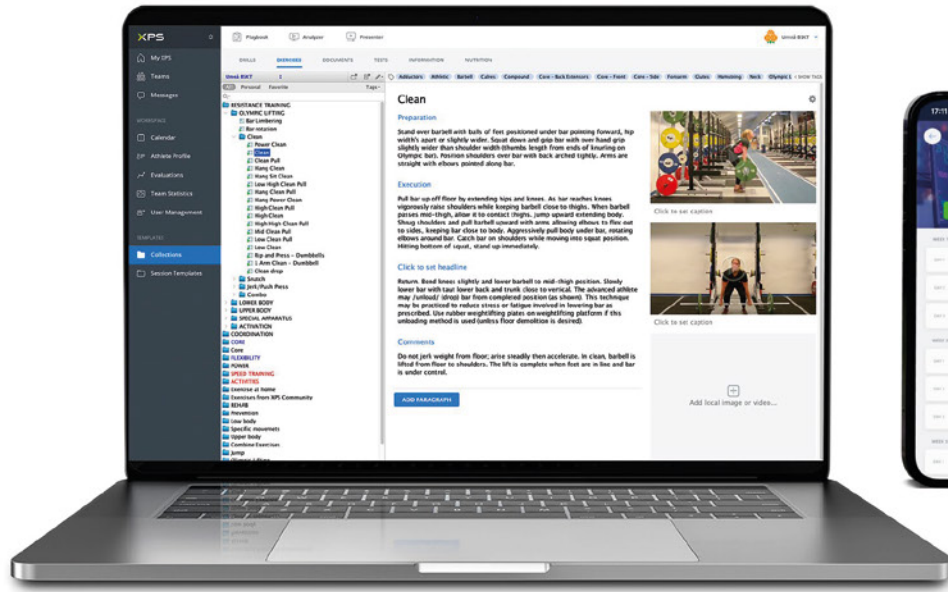
Injury Management

Report injuries and illnesses, plan treatments and rehabilitation.
Provide seamless communication between your medical team and coaching staff.



Strength & Conditioning

Video library with thousands of exercises.
Get instant feedback on your athlete's progress.



XPS Integrations

Connect XPS with your favorite wearables and APIs



XPS network

**20 integrations
and counting**

We integrate new
products every
month

A blue circular icon containing a white plus sign, indicating more integrations.

XPS Sports Associations

| | | | | | | | | | |
|---|---|--|---|--|---|---|---|--|---|
|  <p>Czech Football Association</p> |  <p>German Basketball Federation</p> |  <p>Danish Handball Association</p> |  <p>European Handball Federation</p> |  <p>Danish Football Association</p> |  <p>Canada Soccer</p> |  <p>Norwegian Handball Association</p> |  <p>Svensk Innebandy</p> |  <p>Spanish Handball Association</p> |  <p>German Handball Association</p> |
|  <p>Slovenian Basketball Association</p> |  <p>Chinese Basketball Association</p> |  <p>Slovak Football Association</p> |  <p>Polish Handball Association</p> |  <p>Austrian Basketball Federation</p> |  <p>Handball Federation of Ukraine</p> |  <p>Swiss Floorball Association</p> |  <p>Czech Floorball</p> |  <p>Saudi Arabian Handball Federation</p> |  <p>British Basketball</p> |
|  <p>Icelandic Football Association</p> |  <p>Swedish Basketball Association</p> |  <p>Czech Basketball Federation</p> |  <p>Italian Handball Federation</p> |  <p>Czech Badminton Association</p> |  <p>Austrian Volleyball Association</p> |  <p>Soccer Québec</p> |  <p>Faroe Island Football Association</p> |  <p>Danish Floorball Association</p> |  <p>Oman Football Association</p> |
|  <p>Austrian Handball Association</p> |  <p>Icelandic Basketball Association</p> |  <p>Portuguese Handball Association</p> |  <p>Swedish Bandy Association</p> |  <p>Norwegian Basketball Association</p> |  <p>England Handball Association</p> |  <p>Bayern Basketball Association</p> |  <p>Handball Federation of Slovenia</p> |  <p>Czech Volleyball Association</p> |  <p>Swedish Volleyball Federation</p> |
|  <p>USA Team Handball</p> |  <p>Faroe Handball Association</p> |  <p>Finnish Handball Association</p> |  <p>Swiss Handball Association</p> |  <p>Swedish Handball Association</p> |  <p>Icelandic Handball Association</p> |  <p>Japan Handball Association</p> |  <p>Icelandic Volleyball Association</p> |  <p>Handball Australia</p> |  <p>Bahrain Handball Association</p> |



**We are
worldwide.**



33 languages

92 countries



57 sports



2000 clubs



30.000 coaches



120.000 athletes



John Welch
Los Angeles Clippers

"You don't go to Basketball Heaven without using XPS Network."



Karel Poborský
Czech Football Association

"XPS is a key tool in analysis of the whole working process in our Regional Youth Academy project."



Kasper Hjulmand
Denmark Football Team

"XPS allows you to do things your way. As simple or as detailed as you want."



Boris Balibrea
Sweden Basketball

"XPS is a perfect tool, with everything that a professional staff needs to manage its own team."

**You are in good
company.**



Elísabet Gunnarsdóttir
Kristianstads DFF

"As soon as you start using XPS it becomes your twin. You get addicted to it."



Filip Jícha
THW Kiel

"I spend 80% of my coaching job working with XPS."



Joonas Naava
EräViikingit

"We're handling basically everything regarding all our teams in XPS Network."



Olli-Pekka Yrjänheikki
Jokerit Helsinki

"XPS helps our coaches evolve and makes my life easier, no other software provides the same."



Agust Thorkelsson

Founder & CEO Sideline Sports

“We are big believers in keeping it simple. In the power of data in sports, and how much coaches can do with the right information at your fingertips. Our priorities have always been the same: Provide great service, build the best data-driven products in the business, and have fun! For our coaches and sports teams across the world, XPS Network is like a lighthouse - it helps them navigate.”

What is Sideline Sports?

Founded in 2001, Sideline Sports started with a team of three. Now we are a company with 30 employees, working with over 2,000 clubs and sports teams in 92 countries. We ensure coaches and teams are better organised, benefit from more effective communication, and have access to key coaching data that drives smarter decision-making.

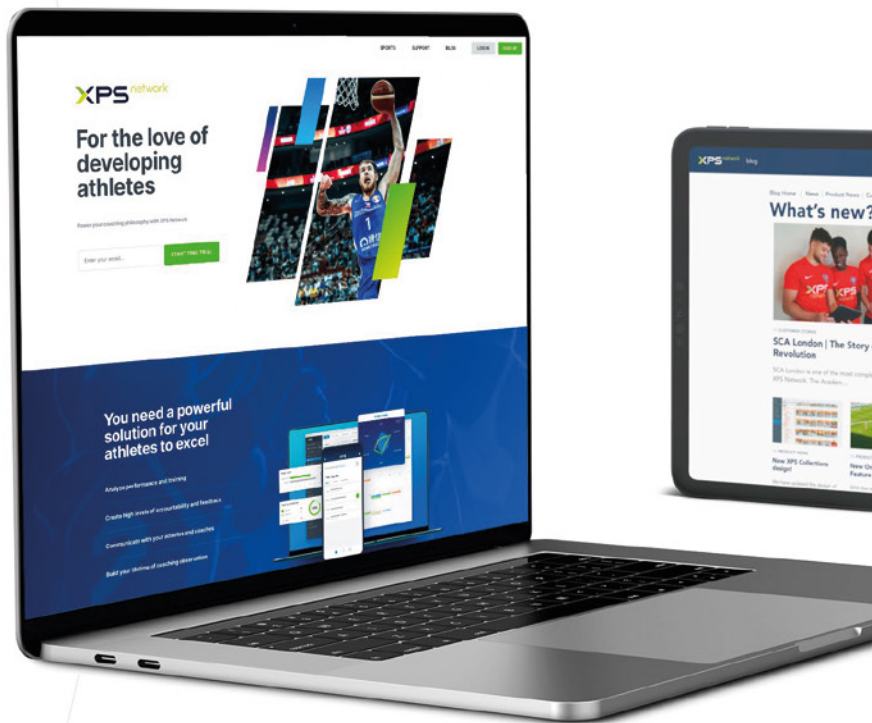
Our main product, XPS Network, has earned the long-term trust of thousands of customers, including some of the world's largest — and smallest — sports clubs and organizations. We are proud of our success and will continue to raise the bar, creating and providing cutting-edge and easy-to-use software for coaches in every sport, all around the world. Join us on this journey! We feel we are just getting started.

Follow **XPS**

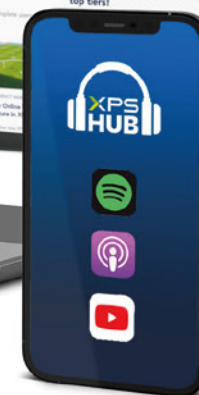


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Podcast

XPS network

Always with you.

